

Dr. Gopal Lama

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Education

| Degree | Institute |
|---|--|
| MD Pathology (2016 - ongoing) | B.P. Koirala Institute of Health Sciences |
| Bachelor of Medicine and Bachelor of Surgery (MBBS) (2004-2009) | Chongqing Medical University, People's Republic of China |
| Higher Secondary School - Biological Science (2001-2003) | Campion Kathmandu College, Kathmandu, Nepal |

Honors and Awards:

- Awarded “The Best Medical Officer” prize, of Nepal Police Hospital in recognition to service provided to the victims of the tragic earthquake that occurred in Nepal (2015).
- “The United Nations Medal” in recognition of the services rendered as a member of the United Nations Police in the United Nations Stabilization Mission in Haiti (2013).
- The Mayor Scholarship and “The Excellent Student” Award of Chongqing Medical University (2007-2008)
- The Mayor Scholarship and “The Excellent Student” Award of Chongqing Medical University (2005-2006)

Experiences:

- **BPKIHS Hospital, Dhahran: (Sept 2016- Ongoing):**
 - Residency in Pathology Department
 - Histopathology
 - Hematopathology
 - Cytopathology
- **Nepal Police Hospital, Kathmandu (Sept. 2011 to till Sept 2016):**

- Surgery, emergency, general outpatient departments
- A UN Doctor (Nepal FPU) at MINUSTAH, Haiti from December 2012 to July 2013.
- **Patan Hospital, Patan (Sept 2010-Sept 2011):**
 - Medical Officer from September 2010 until September 2011
 - Worked in following departments:

| Department | Duration |
|--|-----------------|
| Medicine | 3 months |
| Surgery / Orthopedics | 3 months |
| Pediatrics | 2 months |
| Gynecology and Obstetrics/ Family Planning | 2.5 months |
| Emergency | 1 month |
| Ophthalmology | 15 days |

Seminar and Trainings:

- Participated in First National Training Course in Geriatric Medicine, from 2nd – 7th November 2014.
- Participated in Blast Injury Trauma, Subject Matter Expert Exchange, organized by Defense Institute for Medical Operations, United States, from 8 -11 September 2014.
- Participated as one of the instructors in Mass Casualty Incident and Clinical Management Training held in Kathmandu, September – October 2012.

Professional Associations:

| Organization | Designation | Duration |
|---------------------------|----------------------|----------------------|
| Primary Trauma Care Nepal | Instructor | Since March 2012 |
| Nepal Medical Council | Medical Practitioner | Since September 2010 |

Social and Volunteering Activities:

- Worked as a United Nation's (UN) Doctor with the Peace Keeping force of Nepal Police (FPU), at Haiti from December 2012 to July 2013.
- Participated in the Formed Police Unit Pre-deployment training program organized by the US Department of State (2012-13)
- Participated in donation program for Earthquake victims at Sichuan Province, china (2008).
- Volunteered at 8th South Asian Federation Games, Kathmandu, Nepal (1999).

Language Skills:

| Languages | Speaking | Reading | Writing |
|------------------|-----------------|----------------|----------------|
| Tamang | Mother Tongue | Mother Tongue | Mother Tongue |
| Nepali | Fluent | Fluent | Fluent |
| English | Fluent | Fluent | Fluent |
| Chinese | Intermediate | Intermediate | Basic |

Interest and Hobbies:

- Playing volleyball, basketball and swimming.
- Classical, slow rock music and playing guitar.
- Social services and traveling.

IT Skills:

- Photoshop
- Excel and data processing